

Beach Day Checklist

Enjoy the summer sunshine and head to the beach! Save this checklist for everything you need for a fun day at the beach.



- **CLOTHING**

- Bathing suit (extra bathing suit)
- Coverup
- Sun hat
- Sunglasses
- Extra clothes
- Bra/underwear
- Flip-flops
- Sandals
- Sweatshirt
- Beach bag/tote

- **BEACH ITEMS**

- Beach chairs
- Beach umbrella
- Beach towels
- Beach games/cards/sand toys
- Water toys/floats

- **BEACH ESSENTIALS**

- Sunscreen/aloe lotion
- Tissues/baby wipes
- Deodorant
- SPF lip balm
- Sanitizer
- Mini first aide kit
- Book/magazines
- Wireless speaker
- Waterproof phone case (with charger)

- Headphones
- Hair ties
- Extra cash/debit card
- Snacks/Picnic lunch
- Water/drinks

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